

WHAT IS BOTOX® COSMETIC?

BOTOX® Cosmetic is a simple, non-surgical, physician-administered treatment that can temporarily smooth moderate to severe frown lines between the brows, on the forehead, and adjacent to the eyes (crow's feet) in people from 18 to 65 years of age. It is the only treatment of its type approved by the Food and Drug Administration (FDA). One 10-minute treatment—a few tiny injections—and within days there's a noticeable improvement in those persistent lines between the brows, which can last up to 4 months. Results may vary.

THE ANATOMY OF THE WRINKLE

The lines that appear between your brows (glabellar lines) actually result from muscle movement and the passage of time. You may have heard the expression "wearing your emotions on your sleeve," but in reality you wear them on your face. If you're angry or annoyed, for example, you knit your brows together. Underneath your skin, your facial muscles contract, cause a pleating of the overlying skin, and then, as anyone can see, you're frowning.

After years of crinkling and wrinkling, those glabellar lines start to linger longer and can become more pronounced. For women, whose faces tend to be more animated than men's, and whose skin is typically more delicate, these lines may appear exaggerated and more permanent.

SIDE EFFECTS OF BOTOX® COSMETIC

Do not use BOTOX® Cosmetic if you

- have an infection where BOTOX® Cosmetic will be injected,
- are allergic to any of the ingredients in BOTOX® Cosmetic,
- are pregnant, breastfeeding, or plan to become pregnant in the near future, or
- have any diseases that affect your nerves and muscles. These diseases may increase your chance of side effects with BOTOX® Cosmetic treatment.

The most common side effects include headache, respiratory infection, flu syndrome, temporary eyelid droop, and nausea. Less frequently occurring (<3%) adverse reactions include pain in the face, erythema at the injection site, and muscle weakness. These events are thought to be associated with the injection and occurred within the first week.

WILL MY FACIAL EXPRESSIONS CONTINUE TO LOOK NATURAL?

Although the results are visible, a treatment with BOTOX® Cosmetic will not radically change your facial appearance or make you look as if you "had work done." The muscle activity that causes frown lines between the brows is simply reduced, so you can still frown or look surprised without the wrinkles and creases between your brows.

THE INJECTION PROCESS

- Your doctor will administer several tiny injections of BOTOX® Cosmetic directly into the muscles that cause those moderate to severe frown lines between the brows.
- Your doctor will determine where to administer the injections by examining your ability to move certain muscles in your brow area. The location, size, and use of the muscles that create a furrowed brow vary markedly among individuals.
- No anesthesia is required, although your doctor may choose to numb the area with a cold pack or anesthetic cream prior to injecting. Discomfort is usually minimal and brief. Most patients compare the sensation to a pin prick.
- You may resume normal activity immediately. You may see a marked improvement in the moderate to severe frown lines between your brows within days. Improvement may continue for as long as a month, and could last up to 4 months.