

BOTOX® COSMETIC INFORMED CONSENT

Being fully informed about your condition and treatment will help you make the decision whether or not to undergo BOTOX® cosmetic treatment. This disclosure is not meant to alarm you, it is simply an effort to better inform you so you can give or withhold your consent for this treatment.

I have requested that Steven Tidwell, M.D. and/or Heidi Garguilo, MSN, ARNP-BC attempt to improve my facial lines with BOTOX® cosmetic. This is the Allergan incorporated trademark for Botulinum Toxin Type A. These injections have been used for more than a decade to improve spasm of the muscles around the eye, to correct double vision due to muscle imbalance, as well as numerous other neurological uses. BOTOX® cosmetic is now approved by the FDA to improve the appearance of vertical lines between the brows. A few tiny injections of BOTOX® cosmetic relax overactive muscles and soften those vertical lines. Injections in other areas to improve appearance of facial lines have been reported in the literature, but the FDA has not approved those uses. The results of BOTOX® cosmetic are usually dramatic, although the practice of medicine is not an exact science, and no guarantee can be or have been made concerning expected results.

_____ *Patient initials*

The BOTOX® cosmetic solution is injected with a tiny needle into the muscle; you should see the benefits develop over the next two to seven days. A decreased appearance of frowning or creasing of other lines will be the result of this treatment.

_____ *Patient initials*

The most common side effects are headache, respiratory infection, flu syndrome, temporary eyelid droop, and nausea. BOTOX® cosmetic should not be used if there is an infection at the injection site. Additionally, slight temporary bruising may occur at the injection site. I have been advised of the risks involved in such treatment, the expected benefits of such treatment, and alternative treatments including no treatment at all.

_____ *Patient initials*

I understand that the results are temporary and several sessions may be needed for optimal results.

_____ *Patient initials*

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand, the above paragraphs, and that I have had sufficient opportunity for discussion and to ask questions. I consent to this BOTOX® cosmetic treatment today, and for all subsequent treatments.

Patient Name (*print*): _____

Signature: _____

Witness: _____

Date: _____

Steven Tidwell, M.D./Heidi Garguilo, ARNP-BC